

1. Which classification type indicates the total absence of the radius in radial longitudinal deficiency?

- A. Type I
- B. Type II
- C. Type IIIA
- D. Type IIIA
- E. Type IV

Answer: E

2. Which syndrome is associated with congenital underdevelopment or absence of the radius?

- A. Holt-Oram Syndrome
- B. Poland's Syndrome
- C. Amniotic Band Syndrome
- D. VACTERL Association
- E. Madlung deformity

Answer: A

3. Camptodactyly is predominantly recognized for what kind of deformity?

- A. Flexion deformity of the thumb
- B. Progressive flexion deformity of the proximal interphalangeal joint
- C. Curvature of the little finger
- D. Absence of digits
- E. Extension of the index

Answer: B

4. The surgical approach to manage radial polydactyly aims to produce a thumb that is:

- A. Non-functional and aesthetically pleasing
- B. Temporary and subject to further procedures
- C. Stable, functional, and aesthetically pleasing
- D. Only functional, without aesthetic considerations
- E. Only stable without aesthetic considerations

Correct answer: C

5. What specific feature is associated with congenital clasped thumb?

- A. Inability to flex the thumb
- B. Complete absence of the thumb
- C. Malformation of all fingers
- D. Inability to extend the thumb at the metacarpophalangeal joint
- E. Malformation of distal phalanx of thumb

Correct answer: D

6. What is the primary developmental signaling center responsible for the proximal-distal axis in limb development?
- A. Zone of Polarizing Activity (ZPA)
 - B. Apical Ectodermal Ridge (AER)
 - C. Wnt7a
 - D. Fibroblast Growth Factors (FGFs)
 - E. Indian hedgehog homolog

Answer: B

7. Which of the following is NOT typically a risk factor for developing Carpal Tunnel Syndrome?
- A. Rheumatoid arthritis
 - B. Pregnancy
 - C. Diabetes mellitus
 - D. Chronic kidney disease
 - E. Smoking

Answer: E

8. What is the typical range of the normal cross-sectional area of the median nerve at the wrist, beyond which Carpal Tunnel Syndrome is usually suspected?
- A. 3-5 mm²
 - B. 6-8 mm²
 - C. 9-10 mm²
 - D. 11-12 mm²
 - E. 13-15 mm²

Answer: E

9. Which of the following findings is most specific for diagnosing Carpal Tunnel Syndrome during a physical exam?
- A. Tinel's sign
 - B. Phalen's maneuver
 - C. Durkan's compression test
 - D. Finkelstein's test
 - E. Froment's sign

Answer: C

10. Which of the following is NOT a typical symptom of Carpal Tunnel Syndrome?
- A. Numbness in the thumb and first three fingers
 - B. Nighttime hand pain
 - C. Weak grip strength
 - D. Numbness in the little finger
 - E. Tingling in the palm

Answer: E

11. What is the most common complication following Carpal Tunnel release surgery?

- A. Recurrence of symptoms
- B. Infection at the incision site
- C. Injury to the ulnar nerve
- D. Complex regional pain syndrome (CRPS)
- E. Adhesion formation around tendons

Answer: A

12. Which surgical approach is preferred for treating irreducible, displaced scaphoid fractures located in the distal two-thirds of the scaphoid?

- A. Dorsal approach
- B. Volar approach
- C. Posterior approach
- D. Lateral approach
- E. Medial approach

Answer: B

13. What is the primary concern when utilizing a volar approach for scaphoid fixation?

- A. Preventing median nerve compression during engagement of fractured waist.
- B. Maintaining capsular integrity above the scaphoid tubercle.
- C. Avoiding extensor tendon impairment while fixing proximal pole fractures.
- D. Limiting injury to blood supply while performing fixation in the distal two-thirds.
- E. Minimizing ligament rupture risk in proximal pole fixation.

Answer: D

14. Which feature of the blood supply to the scaphoid bone contributes to its potential for avascular necrosis?

- A. The blood supply to the scaphoid is entirely through venous return.
- B. The scaphoid receives a retrograde blood supply.
- C. The scaphoid depends on collateral circulation between multiple vessels.
- D. The scaphoid is solely supplied by an artery from the elbow region.
- E. The scaphoid receives direct supply from multiple small capillaries.

Answer: B

15. What is the main biomechanical role of the scaphoid bone in wrist movement?

- A. The scaphoid flexes with wrist flexion and extends with wrist extension.
- B. The scaphoid remains completely static during wrist movement.
- C. The scaphoid only stabilizes the proximal carpal row.
- D. The scaphoid exclusively manages lateral wrist deviation.
- E. The scaphoid primarily restricts rotational movements.

Answer: A

16. What role does the vascularized bone graft play in treating scaphoid nonunion?
- A. It encourages rapid growth of cartilage over the scaphoid fracture.
 - B. It completely replaces the entire scaphoid with synthetic material.
 - C. It provides blood supply to the avascular proximal pole of the scaphoid.
 - D. It serves solely as a pain relief device without healing properties.
 - E. It temporarily stabilizes the fracture until a new scaphoid form

Answer: C

17. Which ligament is primarily responsible for stabilizing the distal radioulnar joint (DRUJ) and is a key component of the TFCC?

- A. Scapholunate ligament
- B. Ulnar collateral ligament
- C. Dorsal radioulnar ligament
- D. Volar carpal ligament
- E. Palmar ulnocarpal ligament

Answer: C

18. Which of the following movements typically aggravates a TFCC injury?

- A. Pronation of the forearm
- B. Supination of the forearm
- C. Ulnar deviation of the wrist
- D. Radial deviation of the wrist
- E. Wrist extension

Answer: C

19. Which test is most commonly used during physical examination to assess for TFCC injury?

- A. Finkelstein's test
- B. Piano key test
- C. Watson's test
- D. Ulnar grind test
- E. Tinel's sign

Answer: D

20. What is the primary blood supply to the Triangular Fibrocartilage Complex (TFCC)?

- A. Radial artery
- B. Ulnar artery
- C. Anterior interosseous artery
- D. Posterior interosseous artery
- E. Deep palmar arch

Answer: B

21. What joint is first affected if left untreated with subsequent development of a SLAC (scapholunate advanced collapse) wrist?

- A. Capitulate joint
- B. Radioscaphoid**
- C. Radioulnar
- D. Radiolunate
- E. STT (scaphotrapezotrapezoidal)

Answer: B

22. Dorsal intercalated segment instability (DISI) describes which carpal deformity?

- A. Scaphoid extension
- B. Lunate extension**
- C. Lunate flexion
- D. Triquetral flexion
- E. Hamate rotation

Answer: B

23. In the pathoanatomy of lunate dislocation, which of the following lists the events in the correct order?

- A. Failure of lunocapitate ligament – failure of scapholunate ligament – failure of lunotriquetral ligament – lunate dislocates into carpal tunnel
- B. Failure of lunotriquetral ligament – failure of lunocapitate ligament – failure of scapholunate Ligament – lunate dislocates into carpal tunnel
- C. Failure of lunotriquetral ligament – failure of scapholunate ligament – failure of lunocapitate ligament - lunate dislocates into carpal tunnel
- D. Failure of scapholunate ligament – failure of lunocapitate ligament – failure of lunotriquetral ligament – lunate dislocates into carpal tunnel**
- E. Failure of scapholunate ligament – failure of lunotriquetral ligament- failure of lunocapitate ligament – lunate dislocates into carpal tunnel

Answer: D

24. What articulation is expected to develop osteoarthritis in the third stage of scapholunate advanced collapse (SLAC)?

- A. Radiolunate
- B. Capitulate**
- C. Radial styloid and scaphoid
- D. Entire radioscaphoid
- E. Lunotriquetral

Answer: B

25. A 75-year-old patient , presents complaining of night-time hand pain and numbness in his left thumb and index finger. Nerve conduction velocities show motor and sensory latencies of 5 ms with sharp waves and fibrillations on electromyography. Which of the following in this patient would be most predictive of poor resolution of all symptoms after a carpal tunnel release?

- A. Male gender
- B. Positive Durkan's compression test
- C. Electromyography results
- D. Positive Tinel's sign
- E. Pillar pain

Answer : C